



MEDICAL CHECKUP

Examination		Content	Price (w/o tax)
Physical examination & doctor's consultation		Consultation by doctor, Height, Weight, BMI, Waist circumference, Vision, Hearing, Blood Pressure measurements	JPY 3,500
Blood test	Complete blood count	Red blood cells, White blood cells, Platelets	JPY 6,000
	Liver function test	GOT(AST)/GPT(ALT)/γ-GTP	
	Lipid panel	Tryglyceride, HDL-Cholestrol, LDL-Cholestrol	
	Diabetes	Glucose, HbA1c	
	Gout	Uric acid	
Urinalysis		Protein, Glucose, Red blood cells	JPY 500
Electrocardiogram		12-lead electrocardiogram	JPY 2,000
Chest X-ray		Chest x-ray 1view	JPY 3,000
Cardiovascular	Abdominal aortic aneurysm ultrasonography	Condition of abdominal aorta is checked; recommended to smokers and those with high blood pressure.	JPY 4,000
	Carotid ultrasonography	Condition of carotid aorta is checked; recommended to smokers and those with high blood pressure, diabetes and dyslipidemia.	JPY 5,000
Respiratory	Pulmonary function	Spirometry FVC (Forced Vital Capacity) is used to check breathing function that may detect pulmonary emphysema and asthma; recommended for smokers.	JPY 2,000

	Lung cancer	Chest CT * to inspect lung cancer, emphysema; recommended for smokers.	JPY 18,000
	Sleep apnea syndrome	Breathing status and blood oxygen concentration during sleep is checked by polysomnography (PSG).	JPY 8,000
Metabolism	Thyroid ultrasonography	Ultrasound imaging of the neck to inspect condition of the thyroid; recommended for those with large thyroid gland, lump, family member suffering thyroid disease.	JPY 4,000
	Blood test for thyroid	Blood test to measure TSH, FT4; results may determine Basedow disease, Hashimoto disease.	JPY 4,000
	Bone densitometry	Bone mineral density measurement on the hand by X-ray.	JPY 3,000
Cancer related	Helicobacter pylori test	Urea breath test to detect H. pylori which is a risk for gastric ulcer and cancer.	JPY 5,000
	Colorectal cancer test	FOBT (fecal occult blood test)	JPY 2,000
	Prostate cancer marker	PSA (prostate specific antigen) which would be elevated by BPH (benign prostate hyperplasia) and prostate cancer is checked.	JPY 3,000
	Cervical cancer test	Pap smear to inspect cells of the uterine cervix; recommended for women from 20 years old.	JPY 3,000
	Hepatitis B	Inspection of HBs antigen, to detect virus that are the risk to cause liver cancer.	JPY 3,000
	Hepatitis C	Inspection of HCV antibody, to detect virus that are the risk to cause liver cancer.	JPY 3,000

*To be performed at our affiliated hospital in Kutchan